

The Insurance Cheat-Sheet

The following information can be provided to your Member Services Representative to clarify coverage. Please take these steps **PRIOR** to your visit to determine if your nutrition therapy appointments at The Nutrition Studio, LLC may be covered by your insurance:

1. Call the member services number on the back of your insurance card. For reference, please note the date, time and the call reference number.

Date: _____ Time: _____

Call reference number:

2. You may need to provide the following information to your member services representative for easy verification:

- 1285309252 Carol Shephard-Walwyn, MS, RD National Provider Identification Number
- 97802 – Procedure code (CPT code) for an initial appointment
- 97803 - Procedure code (CPT code) for a follow-up appointment

3. Ask the following questions:

- Does my plan have both **preventative** nutrition counseling benefits and **medical** nutrition therapy benefits for the applicable CPT codes (listed above)
- Does my plan cover the following diagnosis codes (as applicable): **z71.3** (general nutrition counseling - most common), E66.8 or E66.9 (obesity), E66.3 (overweight), R73.03 (pre-diabetes), I10 (hypertension), E11.9 (diabetes)
- Do I have a limit to the number of visits, either for preventative OR medical?
- Do I need a physician referral? If yes, please call your physician for a referral and fax to 1 (866) 342-8063
- Do I have a deductible to meet first? If yes, how much?

- Do I have a co-pay? If yes, how much?

** These questions are provided as a courtesy to help you determine if nutrition counseling may be covered by your insurance provider. Having these questions addressed by your insurance provider's member services does not guarantee coverage.

** If The Nutrition Studio, LLC files a claim for nutrition counseling services and your claim is denied, you are responsible to pay for services as detailed in the financial agreement.

** A superbill can be provided upon request and can be submitted to your insurance carrier for possible reimbursement. Reimbursement is not guaranteed.